

# COUNTY OF SUFFOLK



**STEVE LEVY**  
SUFFOLK COUNTY EXECUTIVE

DEPARTMENT OF HEALTH SERVICES

**LINDA MERMELSTEIN, M.D., M.P.H.**  
Acting Commissioner

## **Continuing Medical Education (CME) Program Information Packet**

The CME Pilot Recertification Program has been identified as an important element in the retention of trained volunteer EMS providers. The Suffolk County Division of Emergency Medical Services is committed to working with the response agencies in our County to assure that the CME Program is available, beneficial and responsive to the needs of the agencies and the individuals who provide prehospital emergency medical care. Working together, we can make the CME program an interesting, informative and effective way to assure that our response personnel have the knowledge and skills necessary to provide appropriate prehospital emergency medical care.

A New York State Department of Health approved pilot CME-based recertification program is available at the EMT-B, EMT-CC and EMT-P levels for members of EMS response agencies in Suffolk County. The program allows qualified personnel, who are in continuous practice and who demonstrate competency, to renew their certification without having to take the State's traditional final practical skill and written examinations.

The Suffolk County EMS Division serves as an affiliate to each agency that is registered with the New York State Bureau of EMS (NYS-BEMS) Pilot CME Program. The SC EMS Division (as an affiliate of the agency) requires that all registered CME participants submit all completed CME paperwork to the SC EMS Division **IN PERSON** no later than sixty (60) days prior to the expiration of their certification. This allows the SC EMS Division several days to review the CME packet prior to submitting it to the NYS-BEMS by their forty-five (45) day rule. The mandatory fifteen (15) day lead time gives the SC EMS Division the opportunity to address any problems that may arise with the participant's CME paperwork prior to submitting it to the NYS-BEMS. CME participants **MUST** call the SC EMS Division at 853-8314 to make an appointment to go over their paperwork. **NO WALK-INS ALLOWED!!!!**

The Suffolk County Division of EMS maintains a record of each provider who is in the CME Program. The list can be found on the Suffolk REMSCO website under "CME Courses." The CME provider list contains the providers name, department, expiration date and the date's of the Core sessions the provider has taken. **It is the responsibility of the provider to keep proof of all Non Core CME classes.**



**Public Health**  
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DIVISION OF EMERGENCY MEDICAL SERVICES

P.O. Box 6100, Hauppauge, NY 11788-0099 (631) 853-5800 Fax(631) 853-8307

## **How to register for the CME Program**

The New York State Bureau of EMS CME registration form can be found on the Suffolk REMSCO website by looking under “downloads and forms.” Please print the two (2) page form and make sure it is filled out in it’s entirety with your signature on both sections on the second page. You can mail the form to:

Division of EMS  
1<sup>st</sup> Fl., H. Lee Dennison Bldg.  
PO Box 6100  
Hauppauge, NY 11788  
Attn: CME Program

Once the Suffolk County Division of EMS receives the form, we will make a copy of your registration form and make you a folder. The original form will be mailed to the New York State Bureau of EMS. The Division will receive all Core CME forms back from Certified Instructor Coordinators (CICs) and file the forms in each CME registrant’s folder. The date of the Core class will also be entered under each individuals name on the CME provider list located on the Suffolk REMSCO website.

## **What is required Core for each provider**

### **EMT-Basic CME Core (24 Core Hours Required)**

The Suffolk County EMS Division is required to provide all of the Core content for the CME Program. The following is a list of all the BLS Core content that all CME participants are required to take.

**Medical 1** – Pharmacology/Respiratory/Cardiac

**Medical 2** – Diabetes/AMS/Allergies

**Medical 3** – Poison/Environmental/Behavioral

**Trauma 1** – Intro to Trauma/Bleeding Management/Hypopofusion (Shock)/Chest Injuries

**Trauma 2** – Head, Neck, Musculoskeletal and Abdominal Injuries

**Patient Assessment**

**Preparatory/Airway**

**Obstetrics/Gynecology**

**Infants/Children**

**Elective** (Elective is determined by Suffolk County EMS Division staff on a yearly basis.)

**Skills 1** – Airway and Assessment (Medical & Trauma) practical skills and all other practical skills.

*All EMT-B’s must also submit a valid CPR card*

## **ALS CME Core for EMT-Critical Care (36 Core Hours Required)**

The Suffolk County EMS Division is required to provide all of the Core content for the CME Program. The following is a list of all the EMT-CC Core content that all Advanced CME participants are required to take.

**Medical 1** - ACLS or *Pulmonary and Cardiology*

**Medical 2** - Environmental Conditions/Infectious and Communicable Diseases/Behavioral Emergencies

**Medical 3** - Neurologic Emergencies, Abdominal Emergencies, Endocrinology

**Medical 4** - Allergic Reactions/Poisoning

**Medical 5** - Gynecology and Obstetrics

**Trauma 1** - Trauma Systems, Mechanism of Injury, Hemorrhage and Shock, Musculoskeletal Trauma

**Trauma 2** - Burns, Head & Facial Trauma, Soft Tissue Injuries

**Trauma 3** - Spinal/Thoracic/Abdominal Trauma

**Preparatory 1** - EMS Systems, Roles & Responsibilities. Ethics, Medical-Legal Terminology & Issues, Overview of Human Systems, Illness and Injury Prevention, Therapeutic Communication

**Preparatory 2** - Emergency Pharmacology, General Principles of Pathophysiology, Venous Access and Administration, Life Span Development

### **Operations**

**Airway 1** - Anatomy & Physiology of the Respiratory System, Foreign Body Airway Obstructions, Supplemental O2 Therapy, Airway Management, Suction, Mechanical Adjuncts

**Airway 2** - Skills: OPA/NPA/BVM, Suction, Verification Devices, ETI, Tension Pneumothorax Needle Decompression

**Special Considerations 1** - Neonatology and Pediatrics

### **Skills**

*All EMT- CC's must also submit a valid CPR card*

## **ALS CME Core for EMT-Paramedics (48 Core Hours Required)**

The Suffolk County EMS Division is required to provide all of the Core content for the CME Program. The following is a list of all the EMT-P Core content that all Advanced CME participants are required to take.

**Medical 1** - ACLS or *Pulmonary and Cardiology*

**Medical 2** - Environmental Conditions/Infectious and Communicable Diseases/Behavioral Emergencies

**Medical 3** - Neurologic Emergencies, Abdominal Emergencies, Endocrinology

**Medical 4** - Allergic Reactions/Poisoning

**Medical 5** - Gynecology and Obstetrics

**Medical 6** - Gastroenterology/Renal & Urology/Toxicology/Hematology

**Trauma 1** - Trauma Systems, Mechanism of Injury, Hemorrhage and Shock, Musculoskeletal Trauma

**Trauma 2** - Burns, Head & Facial Trauma, Soft Tissue Injuries

**Trauma 3** - Spinal/Thoracic/Abdominal Trauma

**Preparatory 1** - EMS Systems, Roles & Responsibilities. Ethics, Medical-Legal Terminology & Issues, Overview of Human Systems, Illness and Injury Prevention, Therapeutic Communication

**Preparatory 2** - Emergency Pharmacology, General Principles of Pathophysiology, Venous Access and Administration, Life Span Development

### **Operations**

**Airway 1** - Anatomy & Physiology of the Respiratory System, Foreign Body Airway Obstructions, Supplemental O2 Therapy, Airway Management, Suction, Mechanical Adjuncts

**Airway 2** - Skills: OPA/NPA/BVM, Suction, Verification Devices, ETI, Tension Pneumothorax Needle Decompression

**Special Considerations 1** - Neonatology and Pediatrics

**Special Considerations 2** - Abuse, Assault, Special Challenges, Acute Interventions for Chronic Care Patients

**Skills**

*All EMT-P's must also submit a valid CPR and ACLS card*

A list of Core classes can be found under "CME Courses." Each level is separated for your convenience. Please click on the level that pertains to you. Another page listing the Core classes will open when you click on the level that pertains to you. Please note that if you put your mouse over the heading of the class you can click onto another page with more information. Please review each class offered and call the Suffolk County Division of EMS at 853-5800 to sign up for the classes. ***YOU MUST PRE-REGISTER FOR EACH CLASS!!***

## **NON CORE REQUIREMENTS**

**MANDATORY NON CORE for ALS and BLS CME participants - Geriatrics and Weapons of Mass Destruction (the SC EMS Division will provide these classes).**

### **Non Core Requirements for all levels**

EMT-B participants are required to obtain 48 hours of Non-Core CME.

EMT-CC participants are required to obtain 36 hours of Non-Core CME.

EMT-P participants are required to obtain 24 hours of Non-Core CME.

While the SC EMS Division is not required to supply Non Core CME, we do offer some in the "Non-Core CME" portion of the Suffolk REMSCO website.

**NOTE: Each category (Preparatory, Airway, CPR, Trauma, Medical, Special Considerations, Operations) is limited to twelve (12) hours total in that topic.**

### **Specialized Courses**

Specialized Courses can be found under "CME Courses" on the Suffolk REMSCO website. Specialized certifications can be used for both Core and Non Core. Please contact Tom Lateulere (853-4407) or Peter Bergmann (853-8314) for more information.

Some Specialized Courses require a fee for the books. If you are a member of a Suffolk County Fire/EMS Agency then you only pay for the books. If you are **NOT** a member of a Suffolk County Fire/EMS Agency then you **MUST** pay the full amount for the course, which is \$250.