

BLS CME Skills Cover Sheet

Name _____

EMT # _____

Expiration Date _____

Skill Successfully Completed	Date	CIC	#
Patient Assessment Trauma			
Patient Assessment Medical			
AED			
BVM			
Long Bone Splint			
Joint Splint			
Traction Splint			
Bleeding Control Shock Mgmt.			
Upper Airway Adjuncts/Suction			
Supplemental O2 Admin			

STATION
1

PATIENT ASSESSMENT
MEDICAL

Pass _____
Fail _____

Please Print

Candidate _____

Examiner _____ Initials _____

Date _____ Start Time _____ Stop Time _____

		Points:	Possible	Awarded	Comments	
SCENE SIZE-UP	Takes, or verbalizes, body substance isolation precautions		C			
	Determines the scene is safe		C			
	Determines the mechanism of injury / nature of illness		1			
	Determines the number of patients		1			
	Requests additional help if necessary		1			
	Considers stabilization of spine		1			
PRIMARY ASSESSMENT	Verbalizes general impression of the patient		1			
	Determines responsiveness/level of consciousness (AVPU)		1			
	Determines chief complaint/apparent life threats		1			
	Airway and Breathing	Assess and maintains airway		C		
		Initiates appropriate oxygen therapy		C		
		Assures adequate ventilation		C		
		Manages life threats to airway/breathing		C		
	Circulation	Assesses/controls major bleeding		C		
		Assesses pulse		C		
		Assesses skin (color, temperature, and condition)		C		
	Assesses airway, breathing & circulation prior to physical exam		C			
Identifies priority patient/updates responding EMS units with brief report		C				
HISTORY SECONDARY ASSESSMENT	Obtain baseline vital signs	Pulse Rate (1) & Quality (1) (+/- 10) [1]	3			
		Respirations Rate (1) & Quality (1) (+/- 4) [1]	3			
		Blood Pressure Systolic (1) (+/- 10) Diastolic (1) (+/- 10)	2			
		Skin (color [1], temperature [1] & condition [1])	3			
	Onset (1), Provocation (1), Quality (1), Radiation (1), Severity (1), Time (1)		6			
	Allergies (1), Medications (1), Pertinent Past History (1), Last oral intake (1), Events(1)		5			
	Assesses appropriate body system	Cardiovascular, Pulmonary, Neurological, Musculoskeletal, Integumentary, GI/GU, Reproductive, Psychological/Social	C			
	States general impression		1			
	Verbalizes appropriate interventions and treatment		1			
	REASSESSMENT	States when will do reassessment/how often	1			
Appropriately verbalizes report to arriving ambulance crew		1				
Candidate completed station within 10 minute time limit		C				
Note: Candidate must complete all critical criteria and receive at least 23 points to pass this station.			33			

STATION
2

PATIENT ASSESSMENT
TRAUMA

Pass _____
Fail _____

Please Print

Candidate _____

Examiner _____ Initials _____

Date _____ Start Time _____ Stop Time _____

Points: Comments

**SCENE
SIZE-UP**

Takes, or verbalizes, body substance isolation precautions	C		
Determines the scene is safe	C		
Determines the mechanism of injury / nature of illness	1		
Determines the number of patients	1		
Requests additional help if necessary	1		
Considers stabilization of spine	C		

**PRIMARY
ASSESSMENT**

Verbalizes general impression of the patient	1		
Determines responsiveness/level of consciousness (AVPU)	1		
Determines chief complaint/apparent life threats	1		
Airway and Breathing			
Assess and maintains airway	C		
Initiates appropriate oxygen therapy	C		
Assures adequate ventilation	C		
Manages life threats to airway/breathing	C		
Circulation			
Assesses/controls major bleeding	C		
Assesses pulse	C		
Assesses skin (color, temperature, and condition)	C		
Assesses airway, breathing & circulation prior to physical exam	C		
Identifies priority patient/updates responding EMS units with brief Report	C		

**HISTORY
SECONDARY ASSESSMENT**

History	Attempts to obtain SAMPLE	1		
Head	Inspect mouth and nose	1		
	Inspect & palpate scalp, ears and facial area	1		
	Assesses eyes	1		
Neck	Palpates trachea for position	1		
	Checks jugular veins	1		
	Palpates cervical spine	1		
Chest	Inspects chest (1) and Palpates chest (1)	2		
	Auscultates chest – Left side (1), Right side (1)	2		
Abdomen/Pelvis	Inspects (1) & palpates (1) abdomen	2		
	Assesses pelvis	1		
	Verbalizes assessment of genitalia/perineum	1		
Lower Extremities	Inspects (1) palpates (1) motor/sensory/pulses (1) ea leg	6		
Upper Extremities	Inspects (1) palpates (1) motor/sensory/pulses (1) ea arm	6		
Posterior	Inspects (1) palpates (1) thorax	2		
Posterior	Inspects (1) palpates (1) lumbar and buttocks	2		
Vital Signs	Pulse Rate (1) & Quality (1) (+/- 10) [1]	3		
	Respirations Rate (1) & Quality (1) (+/- 4) [1]	3		
	Blood Pressure Systolic (1) (+/- 10) Diastolic (1) (+/- 10)	2		
	Skin (color [1], temperature [1] & condition [1])	3		
Manages secondary injuries and wounds appropriately		1		
Verbalizes appropriate interventions and treatment		1		
REASSESSMENT	States when will do reassessment/how often	1		
Appropriately verbalizes report to arriving ambulance crew		1		
Candidate completed station within 10 minute time limit		C		

Note: Candidate must complete all critical criteria. Total to pass: 37

52

STATION
3

**CARDIAC ARREST
MANAGEMENT
AED**

Pass _____
Fail _____

Please Print

Candidate _____

Examiner _____ Initials _____

Date _____ Start Time _____ Stop Time _____

	Points:	Possible	Awarded	Comments
ASSESSMENT & INITIAL TREATMENT	Takes or verbalizes, body substance isolation precautions	C		
	Appropriately assess patient and confirms no pulse	1		
	Directs rescuer to begin single rescuer CPR	1		
	Assures adequate CPR and adequate (visible) chest rise during ventilations	1		
	Properly attaches AED pads in the correct locations	1		
	Turns on AED	1		
	Directs rescuer to stop CPR	1		
	Ensures all individuals are clear of the patient	C		
	Initiates analysis of the patient's rhythm	1		
	Delivers one (1) shock	C		
INTEGRATION	TRANSITION	1		
	Immediately begins 2 rescuer CPR without performing a pulse check (candidate must be performing ventilations)(continues for 2 full minutes)			
	Assures adequate CPR and adequate (visible) chest rise during ventilations	1		
	Verbalizes insertion of a simple airway adjunct (oral/nasal airway)	1		
	Assures high concentration of oxygen is delivered to the patient	1		
	Assures CPR continues without unnecessary/prolonged interruption during the 2 minutes	1		
	Directs rescuer to stop CPR	1		
	Ensures all individuals are clear of the patient	C		
	Initiates analysis of the patient's rhythm	1		
	Delivers one (1) shock	C		
Immediately begins 2 rescuer CPR without performing a pulse check (candidate should be performing ventilations)				
Verbalizes transportation of patient	1			
Candidate did not initiate first shock within 90 seconds of arrival	C			
Candidate did not initiate/resume CPR at appropriate times	C			
Candidate operated the AED improperly or unsafely	C			
Stops compressions to attach AED	C			
Candidate failed to assure appropriate compression-to-ventilation ratios	C			
Candidate completed station within 15 minute time limit	C			
Note: Candidate must complete all critical criteria and receive at least 11 points to pass this station.		15		

COMMENTS:

STATION
4

**BAG-VALVE-MASK
APNEIC WITH
PULSE**

Pass _____
Fail _____

Please Print

Candidate _____

Examiner _____ Initials _____

Date _____ Start Time _____ Stop Time _____

	Points:	<i>Possible</i>	<i>Awarded</i>	Comments
Takes, or verbalizes, body substance isolation precautions	C			
Opens the airway	1			
Inserts an airway adjunct	1			
Selects appropriately sized mask	1			
Creates a proper mask-to-face seal	1			
Delivers first ventilation within 30 seconds of opening the airway	1			
Ventilates patient at a rate of 10 – 12 breaths per minute (approximately once every 5 – 6 seconds), for no more than 30 – 45 seconds	1			
Connects reservoir and oxygen	1			
Adjusts liter flow to 15 liters per minute or greater	C			
The examiner indicates the arrival of a second EMT The second EMT is instructed to ventilate the patient while the candidate controls the mask and the airway	1			
Reopens the airway	1			
Creates a proper mask-to-face seal	1			
Instructs assistant to resume ventilations at an adequate volume to achieve visible chest rise.	1			
Instructs assistant to resume ventilations at a rate of 10 – 12 breaths per minute (approximately once every 5 – 6 seconds) (The examiner must witness for a minimum of 30 seconds)	1			
Ventilates patient at an adequate volume to achieve visible chest rise	C			
Did not Interrupt ventilations for more than 30 seconds at any time	C			
Candidate ventilated patient prior to connecting supplementary oxygen	C			
Adequate ventilation volumes (did not over or under ventilate)	C			
Allowed for adequate exhalation	C			
Candidate completed station within the 5 minute time limit	C			
Note: Candidate must complete all critical criteria and receive at least 9 points to pass this station.	12			

COMMENTS:

**STATION
5A**

**UPPER AIRWAY
ADJUNCTS
& SUCTION**

Pass _____
Fail _____

Please Print

Candidate _____

Examiner _____ Initials _____

Date _____ Start Time _____ Stop Time _____

OROPHARYNGEAL AIRWAY

Points:

Possible
Awarded

Comments

	Possible	Awarded	Comments
Takes, or verbalizes, body substance isolation precautions	C		
Selects appropriately sized airway	1		
Measures airway	1		
Inserts airway without pushing the tongue posteriorly	1		
Note: The examiner must advise the candidate that the patient is gagging and becoming conscious			
Removes the oropharyngeal airway	1		

Suction

Points:

Possible
Awarded

Comments

	Possible	Awarded	Comments
Note: The examiner must advise the candidate to suction the patient's airway			
Turns on/prepares suction device	1		
Assures presence of mechanical suction	1		
Inserts the suction tip without suction	1		
Applies suction to the oropharynx/nasopharynx	1		
Candidate demonstrated acceptable suction technique	C		

NASOPHARYNGEAL AIRWAY

Points:

Possible
Awarded

Comments

	Possible	Awarded	Comments
Note: The examiner must advise the candidate to insert a nasopharyngeal airway			
Selects appropriately sized airway	1		
Measures airway	1		
Verbalizes lubrication of the nasal airway	1		
Fully inserts the airway with the bevel facing toward the septum	1		
Candidate did not insert any adjunct in a manner dangerous to the patient	C		
Candidate completed the station within the 5 minute time limit	C		
Note: Candidate must complete all critical criteria and receive at least 9 points to pass this station.	12		

COMMENTS:

**STATION
5B**

**SUPPLEMENTAL
OXYGEN
ADMINISTRATION**

Pass _____
Fail _____

Please Print

Candidate _____

Examiner _____ Initials _____

Date _____ Start Time _____ Stop Time _____

Points:	Possible	Awarded	Comments
Takes, or verbalizes, body substance isolation precautions	C		
Assembles the regulator to the tank	1		
Opens the tank	1		
Checks for leaks	1		
Checks and verbalizes tank pressure	1		
Attaches non-rebreather mask to oxygen	1		
Prefills reservoir	C		
Adjusts liter flow to 12 liters per minute or greater	C		
Applies and adjusts the mask to the patient's face	1		
Note: The examiner must advise the candidate that the patient is not tolerating the non-rebreather mask. The examiner must instruct the candidate to remove the non-rebreather mask and apply a nasal cannula to the patient.			
Attaches nasal cannula to oxygen	1		
Adjusts liter flow to 6 liters per minute or less	C		
Applies nasal cannula to the patient	1		
Note: The examiner must advise the candidate to discontinue oxygen therapy.			
Removes nasal cannula from the patient	1		
Shuts off the regulator	1		
Relieves the pressure within the regulator	1		
Candidate assembles the tank and regulator without leaks	C		
Candidate completed the station within the 5 minute time limit	C		
Note: Candidate must complete all critical criteria and receive at least 8 points to pass this station.	11		

COMMENTS:



**BLEEDING CONTROL/
SHOCK
MANAGEMENT**

Pass _____
Fail _____

Please Print

Candidate _____

Examiner _____ Initials _____

Date _____ Start Time _____ Stop Time _____

Points:	Possible	Awarded	Comments
Takes, or verbalizes, body substance isolation precautions	C		
Applies direct pressure to the wound	1		
Note: The examiner must now inform the candidate that the wound continues to bleed.			
Applies a pressure dressing to the wound	1		
Note: The examiner must now inform the candidate that the wound still continues to bleed.			
Applies a tourniquet	1		
Verbalizes how to know when tourniquet has been adequately tightened. (until bleeding has stopped)	1		
Note: The examiner must now inform the candidate that the bleeding is Controlled, but the patient is showing signs and symptoms indicative of hypoperfusion.			
Properly positions the patient	1		
Applies high concentration oxygen	C		
Initiates steps to prevent heat loss from the patient	1		
Indicates the need for immediate transportation	1		
Candidate failed to control hemorrhage appropriately	C		
Candidate applied a tourniquet before attempting other methods of bleeding control.	C		
Candidate did not complete the station within the 5 minute time limit	C		
Note: Candidate must complete all critical criteria and receive at least 6 points to pass this station.	7		

COMMENTS:



**IMMOBILIZATION
SKILLS
LONG BONE INJURY**

Pass _____
Fail _____

Please Print

Candidate _____

Examiner _____ Initials _____

Date _____ Start Time _____ Stop Time _____

Points:	Possible	Awarded	Comments
Takes, or verbalizes, body substance isolation precautions	C		
Directs application of manual stabilization of the injury	1		
Assesses motor, sensory and circulatory function in the injured extremity	C		
NOTE: The examiner verbally states "motor, sensory and circulatory functions are present and normal"			
Measures splint	1		
Applies splint	1		
Immobilizes the joint above the injury site	C		
Immobilizes the joint below the injury site	C		
Secures the entire injured extremity	1		
Immobilizes the hand/foot in the position of function	1		
Reassess motor, sensory and circulatory function in the injured extremity	C		
NOTE: The examiner verbally states "motor, sensory and circulatory functions are present and normal"			
Candidate did not grossly move the injured extremity	C		
Candidate completed station within 10 minute time limit	C		
Note: Candidate must complete all critical criteria and receive at least 4 points to pass this station.	5		

COMMENTS:

STATION
6 B
EMT

**IMMOBILIZATION
SKILLS
JOINT INJURY**

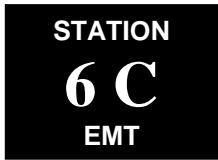
Pass _____
Fail _____

Please Print

Candidate _____
Examiner _____ Initials _____
Date _____ Start Time _____ Stop Time _____

Points:	Possible	Awarded	Comments
Takes, or verbalizes, body substance isolation precautions	C		
Directs application of manual stabilization of the shoulder injury	1		
Assesses motor, sensory and circulatory function in the injured extremity	C		
NOTE: The examiner verbally states "motor, sensory and circulatory functions are present and normal"			
Selects the proper splinting material	1		
Immobilizes the site of the injury	1		
Immobilizes the bone above the injured joint	C		
Immobilizes the bone below the injured joint	C		
Reassess motor, sensory and circulatory function in the injured extremity	C		
NOTE: The examiner verbally states "motor, sensory and circulatory functions are present and normal"			
Joint is supported so that the joint does not bear distal weight	C		
Candidate completed station within 10 minute time limit	C		
Note: Candidate must complete all critical criteria and receive at least <u>2</u> points to pass this station.	3		

COMMENTS:



**IMMOBILIZATION
SKILLS
TRACTION SPLINTING**

Pass _____
Fail _____

Please Print

Candidate _____

Examiner _____ Initials _____

Date _____ Start Time _____ Stop Time _____

	Points:		Comments
	Possible	Awarded	
Takes, or verbalizes, body substance isolation precautions	C		
Directs application of manual stabilization of the injury	1		
Assesses motor, sensory and circulatory function in the injured extremity	C		
NOTE: The examiner verbally states "motor, sensory and circulatory functions are present and normal"			
Directs the application of manual traction	1		
Prepares / adjusts splint to the proper length	1		
Applies the splint to the injured leg	1		
Applies the proximal security device (e.g....ischial strap)	1		
Applies the distal securing device (e.g.....ankle hitch)	1		
Applies mechanical traction	1		
Positions / secures the support straps	1		
Re-evaluates the proximal / distal security devices	1		
Candidate reassesses motor, sensory and circulatory function in the injured extremity	C		
NOTE: The examiner verbally states "motor, sensory and circulatory functions are present and normal"			
NOTE: The examiner must ask the candidate how he/she would prepare the patient for transportation			
Verbalizes securing the torso to the long board to immobilize the hip	1		
Verbalizes securing the splint to the long board to prevent movement of the splint	1		
Traction is maintained throughout application of the splint	C		
The foot was not excessively rotated or extended after the splint was applied	C		
Secured the ischial strap before applying mechanical traction	C		
Final immobilization supported the femur and prevented rotation of the injured leg	C		
Applied mechanical traction before securing the leg to the splint	C		
Candidate completed station within 10 minute time limit	C		
Note: Candidate must complete all critical criteria and receive at least 8 points to pass this station.	11		

NOTE: If the Sagar splint or the Kendricks Traction Device is used without elevating the patient's leg, application of manual traction is not necessary. The candidate should be awarded one point as if manual traction were applied.

NOTE: If the leg is elevated at all, manual traction must be applied before elevating the leg. The ankle hitch may be applied before elevating the leg and used to provide manual traction.

COMMENTS: