

CFR CME Skills Cover Sheet

Name _____

EMT # _____

Expiration Date _____

Skill Successfully Completed	Date	CIC	#
Patient Assessment Trauma			
Patient Assessment Medical			
AED			
BVM			
Long Bone Splint			
Joint Splint			
Traction Splint			
Bleeding Control Shock Mgmt.			
Upper Airway Adjuncts/Suction			
Supplemental O2 Admin			

STATION
1

PATIENT ASSESSMENT
MEDICAL

Pass _____
Fail _____

Please Print

Candidate _____

Examiner _____ Initials _____

Date _____ Start Time _____ Stop Time _____

		Points:	Possible	Awarded	Comments	
SCENE SIZE-UP	Takes, or verbalizes, body substance isolation precautions		C			
	Determines the scene is safe		C			
	Determines the mechanism of injury / nature of illness		1			
	Determines the number of patients		1			
	Requests additional help if necessary		1			
	Considers stabilization of spine		1			
PRIMARY ASSESSMENT	Verbalizes general impression of the patient		1			
	Determines responsiveness/level of consciousness (AVPU)		1			
	Determines chief complaint/apparent life threats		1			
	Airway and Breathing	Assess and maintains airway		C		
		Initiates appropriate oxygen therapy		C		
		Assures adequate ventilation		C		
		Manages life threats to airway/breathing		C		
	Circulation	Assesses/controls major bleeding		C		
		Assesses pulse		C		
		Assesses skin (color, temperature, and condition)		C		
	Assesses airway, breathing & circulation prior to physical exam		C			
Identifies priority patient/updates responding EMS units with brief report		C				
HISTORY SECONDARY ASSESSMENT	Obtain baseline vital signs	Pulse Rate (1) & Quality (1) (+/- 10) [1]	3			
		Respirations Rate (1) & Quality (1) (+/- 4) [1]	3			
		Blood Pressure Systolic (1) (+/- 10) Diastolic (1) (+/- 10)	2			
		Skin (color [1], temperature [1] & condition [1])	3			
	Onset (1), Provocation (1), Quality (1), Radiation (1), Severity (1), Time (1)		6			
	Allergies (1), Medications (1), Pertinent Past History (1), Last oral intake (1), Events(1)		5			
	Assesses appropriate body system	Cardiovascular, Pulmonary, Neurological, Musculoskeletal, Integumentary, GI/GU, Reproductive, Psychological/Social	C			
	States general impression		1			
	Verbalizes appropriate interventions and treatment		1			
	REASSESSMENT	States when will do reassessment/how often	1			
Appropriately verbalizes report to arriving ambulance crew		1				
Candidate completed station within 10 minute time limit		C				
Note: Candidate must complete all critical criteria and receive at least 23 points to pass this station.			33			

STATION
2

PATIENT ASSESSMENT
TRAUMA

Pass _____
Fail _____

Please Print

Candidate _____

Examiner _____ Initials _____

Date _____ Start Time _____ Stop Time _____

Points: Comments

**SCENE
SIZE-UP**

Takes, or verbalizes, body substance isolation precautions	C		
Determines the scene is safe	C		
Determines the mechanism of injury / nature of illness	1		
Determines the number of patients	1		
Requests additional help if necessary	1		
Considers stabilization of spine	C		

**PRIMARY
ASSESSMENT**

Verbalizes general impression of the patient	1		
Determines responsiveness/level of consciousness (AVPU)	1		
Determines chief complaint/apparent life threats	1		
Airway and Breathing			
Assess and maintains airway	C		
Initiates appropriate oxygen therapy	C		
Assures adequate ventilation	C		
Manages life threats to airway/breathing	C		
Circulation			
Assesses/controls major bleeding	C		
Assesses pulse	C		
Assesses skin (color, temperature, and condition)	C		
Assesses airway, breathing & circulation prior to physical exam	C		
Identifies priority patient/updates responding EMS units with brief Report	C		

**HISTORY
SECONDARY ASSESSMENT**

History	Attempts to obtain SAMPLE	1		
Head	Inspect mouth and nose	1		
	Inspect & palpate scalp, ears and facial area	1		
	Assesses eyes	1		
Neck	Palpates trachea for position	1		
	Checks jugular veins	1		
	Palpates cervical spine	1		
Chest	Inspects chest (1) and Palpates chest (1)	2		
	Auscultates chest – Left side (1), Right side (1)	2		
Abdomen/Pelvis	Inspects (1) & palpates (1) abdomen	2		
	Assesses pelvis	1		
	Verbalizes assessment of genitalia/perineum	1		
Lower Extremities	Inspects (1) palpates (1) motor/sensory/pulses (1) ea leg	6		
Upper Extremities	Inspects (1) palpates (1) motor/sensory/pulses (1) ea arm	6		
Posterior	Inspects (1) palpates (1) thorax	2		
Posterior	Inspects (1) palpates (1) lumbar and buttocks	2		
Vital Signs	Pulse Rate (1) & Quality (1) (+/- 10) [1]	3		
	Respirations Rate (1) & Quality (1) (+/- 4) [1]	3		
	Blood Pressure Systolic (1) (+/- 10) Diastolic (1) (+/- 10)	2		
	Skin (color [1], temperature [1] & condition [1])	3		
Manages secondary injuries and wounds appropriately		1		
Verbalizes appropriate interventions and treatment		1		
REASSESSMENT	States when will do reassessment/how often	1		
Appropriately verbalizes report to arriving ambulance crew		1		
Candidate completed station within 10 minute time limit		C		

Note: Candidate must complete all critical criteria. Total to pass: 37

52

STATION
3

**CARDIAC ARREST
MANAGEMENT
AED**

Pass _____
Fail _____

Please Print

Candidate _____

Examiner _____ Initials _____

Date _____ Start Time _____ Stop Time _____

	Points:	Possible	Awarded	Comments
ASSESSMENT & INITIAL TREATMENT	Takes or verbalizes, body substance isolation precautions	C		
	Appropriately assess patient and confirms no pulse	1		
	Directs rescuer to begin single rescuer CPR	1		
	Assures adequate CPR and adequate (visible) chest rise during ventilations	1		
	Properly attaches AED pads in the correct locations	1		
	Turns on AED	1		
	Directs rescuer to stop CPR	1		
	Ensures all individuals are clear of the patient	C		
	Initiates analysis of the patient's rhythm	1		
	Delivers one (1) shock	C		
INTEGRATION	TRANSITION	1		
	Immediately begins 2 rescuer CPR without performing a pulse check (candidate must be performing ventilations)(continues for 2 full minutes)			
	Assures adequate CPR and adequate (visible) chest rise during ventilations	1		
	Verbalizes insertion of a simple airway adjunct (oral/nasal airway)	1		
	Assures high concentration of oxygen is delivered to the patient	1		
	Assures CPR continues without unnecessary/prolonged interruption during the 2 minutes	1		
	Directs rescuer to stop CPR	1		
	Ensures all individuals are clear of the patient	C		
	Initiates analysis of the patient's rhythm	1		
	Delivers one (1) shock	C		
Immediately begins 2 rescuer CPR without performing a pulse check (candidate should be performing ventilations)				
Verbalizes transportation of patient	1			
Candidate did not initiate first shock within 90 seconds of arrival	C			
Candidate did not initiate/resume CPR at appropriate times	C			
Candidate operated the AED improperly or unsafely	C			
Stops compressions to attach AED	C			
Candidate failed to assure appropriate compression-to-ventilation ratios	C			
Candidate completed station within 15 minute time limit	C			
Note: Candidate must complete all critical criteria and receive at least 11 points to pass this station.		15		

COMMENTS:

STATION 4	BAG-VALVE-MASK APNEIC WITH PULSE	Pass _____	Candidate _____	Date _____	Start Time _____	Stop Time _____	
		Fail _____	Examiner _____	Initials _____			
		<i>Please Print</i>					

	Points:	Possible	Awarded		Comments
Takes, or verbalizes, body substance isolation precautions	C				
Opens the airway	1				
Inserts an airway adjunct	1				
Selects appropriately sized mask	1				
Creates a proper mask-to-face seal	1				
Delivers first ventilation within 30 seconds of opening the airway	1				
Ventilates patient at a rate of 10 – 12 breaths per minute (approximately once every 5 – 6 seconds), for no more than 30 – 45 seconds	1				
Connects reservoir and oxygen	1				
Adjusts liter flow to 15 liters per minute or greater	C				
The examiner indicates the arrival of a second EMT The second EMT is instructed to ventilate the patient while the candidate controls the mask and the airway	1				
Reopens the airway	1				
Creates a proper mask-to-face seal	1				
Instructs assistant to resume ventilations at an adequate volume to achieve visible chest rise.	1				
Instructs assistant to resume ventilations at a rate of 10 – 12 breaths per minute (approximately once every 5 – 6 seconds) (The examiner must witness for a minimum of 30 seconds)	1				
Ventilates patient at an adequate volume to achieve visible chest rise	C				
Did not Interrupt ventilations for more than 30 seconds at any time	C				
Candidate ventilated patient prior to connecting supplementary oxygen	C				
Adequate ventilation volumes (did not over or under ventilate)	C				
Allowed for adequate exhalation	C				
Candidate completed station within the 5 minute time limit	C				
Note: Candidate must complete all critical criteria and receive at least 9 points to pass this station.	12				

COMMENTS:

**STATION
5A**

**UPPER AIRWAY
ADJUNCTS
& SUCTION**

Pass _____
Fail _____

Please Print

Candidate _____

Examiner _____ Initials _____

Date _____ Start Time _____ Stop Time _____

OROPHARYNGEAL AIRWAY

Points:

Possible
Awarded

Comments

	Possible	Awarded	Comments
Takes, or verbalizes, body substance isolation precautions	C		
Selects appropriately sized airway	1		
Measures airway	1		
Inserts airway without pushing the tongue posteriorly	1		
Note: The examiner must advise the candidate that the patient is gagging and becoming conscious			
Removes the oropharyngeal airway	1		

Suction

Points:

Possible
Awarded

Comments

	Possible	Awarded	Comments
Note: The examiner must advise the candidate to suction the patient's airway			
Turns on/prepares suction device	1		
Assures presence of mechanical suction	1		
Inserts the suction tip without suction	1		
Applies suction to the oropharynx/nasopharynx	1		
Candidate demonstrated acceptable suction technique	C		

NASOPHARYNGEAL AIRWAY

Points:

Possible
Awarded

Comments

	Possible	Awarded	Comments
Note: The examiner must advise the candidate to insert a nasopharyngeal airway			
Selects appropriately sized airway	1		
Measures airway	1		
Verbalizes lubrication of the nasal airway	1		
Fully inserts the airway with the bevel facing toward the septum	1		
Candidate did not insert any adjunct in a manner dangerous to the patient	C		
Candidate completed the station within the 5 minute time limit	C		
Note: Candidate must complete all critical criteria and receive at least 9 points to pass this station.	12		

COMMENTS:

**STATION
5B**

**SUPPLEMENTAL
OXYGEN
ADMINISTRATION**

Pass _____
Fail _____

Please Print

Candidate _____

Examiner _____ Initials _____

Date _____ Start Time _____ Stop Time _____

Points:	Possible	Awarded	Comments
Takes, or verbalizes, body substance isolation precautions	C		
Assembles the regulator to the tank	1		
Opens the tank	1		
Checks for leaks	1		
Checks and verbalizes tank pressure	1		
Attaches non-rebreather mask to oxygen	1		
Prefills reservoir	C		
Adjusts liter flow to 12 liters per minute or greater	C		
Applies and adjusts the mask to the patient's face	1		
Note: The examiner must advise the candidate that the patient is not tolerating the non-rebreather mask. The examiner must instruct the candidate to remove the non-rebreather mask and apply a nasal cannula to the patient.			
Attaches nasal cannula to oxygen	1		
Adjusts liter flow to 6 liters per minute or less	C		
Applies nasal cannula to the patient	1		
Note: The examiner must advise the candidate to discontinue oxygen therapy.			
Removes nasal cannula from the patient	1		
Shuts off the regulator	1		
Relieves the pressure within the regulator	1		
Candidate assembles the tank and regulator without leaks	C		
Candidate completed the station within the 5 minute time limit	C		
Note: Candidate must complete all critical criteria and receive at least 8 points to pass this station.	11		

COMMENTS:



**BLEEDING CONTROL/
SHOCK
MANAGEMENT**

Pass _____
Fail _____

Please Print

Candidate _____

Examiner _____ Initials _____

Date _____ Start Time _____ Stop Time _____

Points:	Possible	Awarded	Comments
Takes, or verbalizes, body substance isolation precautions	C		
Applies direct pressure to the wound	1		
Note: The examiner must now inform the candidate that the wound continues to bleed.			
Applies a pressure dressing to the wound	1		
Note: The examiner must now inform the candidate that the wound still continues to bleed.			
Applies a tourniquet	1		
Verbalizes how to know when tourniquet has been adequately tightened. (until bleeding has stopped)	1		
Note: The examiner must now inform the candidate that the bleeding is Controlled, but the patient is showing signs and symptoms indicative of hypoperfusion.			
Properly positions the patient	1		
Applies high concentration oxygen	C		
Initiates steps to prevent heat loss from the patient	1		
Indicates the need for immediate transportation	1		
Candidate failed to control hemorrhage appropriately	C		
Candidate applied a tourniquet before attempting other methods of bleeding control.	C		
Candidate did not complete the station within the 5 minute time limit	C		
Note: Candidate must complete all critical criteria and receive at least 6 points to pass this station.	7		

COMMENTS: