

New York State Certified First Responder ORIGINAL Curriculum
Bureau of Emergency Medical Services

Course Sponsor: Suffolk County EMS Division

Medical Director: Dr. Jason Winslow

Location: L.I. MacArthur Airport

Instructor: John DeBlasio **CIC#:** 3442

Textbook Used: AAOS – EMR 7th Edition

Pre/Co-requisites: NIMS 100, 700 & Hazmat

Date/Day	Time	Hours	Topic(s)	Chapters
Wednesday 9/30/2026	7pm- 8pm	1	Registration, Course Introduction, Rules and Regulations, Overview of Course Content	
Wednesday 9/30/2026	8pm- 10pm	2	EMS Systems Workplace Safety & Wellness Lifting and Moving Patients	1 2 3
Monday 10/5/2026	7pm- 10pm	3	Medical Legal & Ethical Issues Communications & Documentation The Human Body, PREP EXAM and review	4 5 6
Wednesday 10/7/2026	7pm- 10pm	3	Airway Management Skills	7
Wednesday 10/14/2026	7pm- 10pm	3	AIRWAY MANAGEMNT EXAM Skills / Vital Signs	
Monday 10/19/2026	7pm- 10pm	3	CPR	AHA CPR Book
Monday 10/26/2026	7pm- 10pm	3	CPR CPR EXAM PRACTICAL AND WRITTEN / NYS AED Skill	AHA CPR Book
Wednesday 10/28/2026	7pm- 10pm	3	Patient Assessment SKILLS DEMONSTRATION	9
Monday 11/2/2026	7pm- 10pm	3	PATIENT ASSESSMENT EXAM SKILLS	
Wednesday 11/4/2026	7pm- 10pm	3	SKILLS	
Monday 11/9/2026	7pm- 10pm	3	Medical Pharmacology and SKILLS	
Monday 11/16/2026	7pm- 10pm	3	Medical Emergencies Poisoning and Substance Abuse Behavioral Emergencies	10 11 12
Wednesday 11/18/2026	7pm- 10pm	3	Environmental Emergencies SKILLS	13
Monday 11/30/2026	7pm- 10pm	3	MEDICAL EXAM and SKILLS	
Wednesday 12/2/2026	7pm- 10pm	3	Bleeding Shock & Soft Tissue Injuries Injuries to Muscles & Bones	14 15
Monday 12/7/2026	7pm- 10pm	3	SKILLS	
Wednesday 12/9/2026	7pm- 10pm	3	TRAUMA EXAM SKILLS	
Monday 12/14/2026	7pm- 10pm	3	Childbirth Pediatric Emergencies Geriatric Emergencies	16 17 18
Monday 12/21/2026	7pm- 10pm	3	SPECIAL CONSIDERATIONS EXAM and Review SKILLS	
Monday 1/4/2027	7pm- 10pm	3	Transport Operations Vehicle Extrication & Special Rescue FINAL EXAM	19 20
Wednesday 1/6/2027	7pm- 10pm	3	Skills	
Monday 1/11/2027	7pm- 10pm	3	Weather Make-Up	
Saturday 1/16/2027	9am- 3pm	6	NYS Practical Skills Exam – Suffolk County EMS Academy, Yaphank	
Monday 1/18/2027	7pm- 10pm	3	State Written Examination – Review	
Thursday 1/21/2027			End of Course Date	